

2016 PAL Basketball Parent's Meeting

WELCOME

TEAMS & COACHES

101 kids on 12 teams playing in the metro area Parochial Athletic League which has 31 divisions and over 1200 games played.

5th Grade (13 players) coached by David Jone and David Wise

6th Grade (10 players) coached by Jimmy Smiddy/Sean Monahan

7th Grade (15 players) coached by Kevin White

8th Grade (19 players) coached by Jon Miller/Jay Gubbels/Jim Matthai/Ed Noethe

5th Grade Girls (14 players) coached by Brad Krohn

6th Grade Girls (10 players) coached by Jason Epperson

7th Grade Girls (13 players) coached by Paul Cox/Allison Cox/Nick Rallis

8th Grade Girls (7 players) coached by Paul Cox/Allison Cox/Nick Rallis

These volunteer coaches are putting in a lot of time to help make the players better. Please give them the patience and respect they deserve. Any issues with coaches please contact me.

WEBSITE

Practice times, game schedules, gym locations, rain/snow outs, uniform care, updates, contact info <http://www.bball.falconspal.org/> or main PAL site is www.palbasketballomaha.org Please give me a day or two to get our website organized with all the new schedules on it. When in doubt always go by the main PAL site for schedules.

Schedules are now available on the new website – www.palbasketballomaha.org

You will need to click “Divisions” then find the appropriate division, and then click that division to access your schedules – give the website a moment to download the schedule.

EXPECTATIONS

- Attend all practices and games. Notify coaches if your child will not be able to make it
- PAL basketball should come first, even before volleyball. If you miss due to playing on another team you may miss playing time for our team. PAL rules state that if you miss a practice or game the coach should sit that player out for the 1st quarter of the next game.

- Please keep in mind that our players, coaches, and parent's behavior during games reflects on St Albert Schools. Your actions reflect on the school. Players make mistakes and so will coaches and referees.
- PAL teams are feeder teams for the varsity teams. Varsity coaches have met with all of our coaches to teach the players the drills, practices, and teach the kids. Coaches are trying to do what is best for the kids, the team, and the future of St Albert.

LEAGUE FEES

Fees will be \$75/player. Please give your player's coach a check made out to St Albert for \$75 AND a separate check made out to St Albert for \$50 that will be for your uniform deposit. When your uniform is returned at the end of the season your check will be shredded. Please make sure everything gets turned into your coaches at the end of the season. IF ANYONE STILL HAS A UNIFORM FROM LAST SEASON PLEASE GET IT TO YOUR COACH, WE ARE RUNNING A LITTLE SHORT THIS YEAR!!

CONCESSIONS

Each family is responsible for working 2 shifts during our 5 home games. We need help taking admission fees and helping run the concession stands. A link will be sent out later this week to sign up for times and show what dates/times are still needed. You can also contact Amy Rallis (402-690-3168) or arallis29@gmail.com to sign up.

PRACTICES, GAMES, TOURNAMENTS

- Please continue to drop your players off 15 minutes before practice begins and be there when practice ends. Let coaches know if you will not be able to make it. Don't go into the gyms until Kidz Kare or the other practice ahead of you is done.
- Practices are for players & coaches only.
- Most teams will play a couple tournaments each season. The school pays for 1, any other tournaments fees will be divided up between the players.

IF YOU HAVE ANY QUESTIONS, COMMENTS, CONCERNS PLEASE LET ME KNOW AT ANYTIME THROUGHOUT THE SEASON! HAVE FUN!